



*Heartbeat Highlights: Your Pulse on All Things Touching Hearts!*



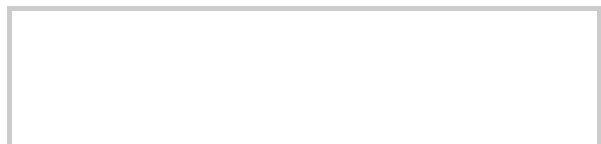
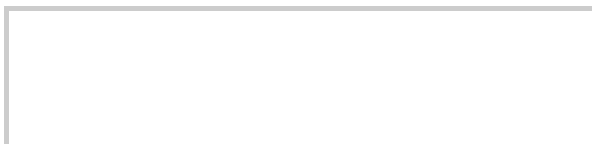
## Care Partner Chronicles...

### Easing the Transition from Hospital to Home

When a family recently needed companion care for their sister after her hospital release, Touching Hearts at Home was ready to help. Our team quickly stepped into action, meeting with her to learn about her interests, assess her level of care, and address any concerns she or her family had.

Understanding how stressful a transition from hospital to home can be, we worked to ensure a smooth and comforting process. Within days, we matched her with compassionate Care Partners (and a few backups), each selected to connect with her on a personal level. Their instant bond provided not only the care she needed but also brought peace of mind to her family.

**At Touching Hearts at Home, we know life's challenges don't wait, and neither do we. Whether it's a hospital-to-home transition or ongoing support, our team is here to provide reliable, compassionate care whenever you need us.**





As we welcome the new year, January also marks Mental Health Awareness Month—a time to recognize the importance of emotional well-being for everyone, especially those we care for. At Touching Hearts at Home, we know that health isn't just physical. Emotional support plays a vital role in the quality of life for our clients.

Our caregivers are more than just helpers; they're compassionate companions, ready to listen, share a laugh, or provide a comforting presence. Whether it's through meaningful conversations, engaging activities, or simply being there during challenging moments, we're committed to fostering a sense of connection and care.



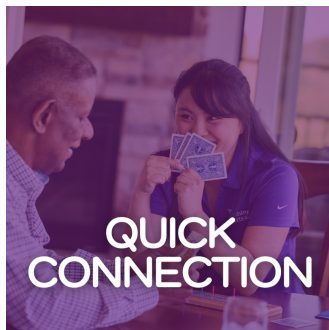
Last week, we had the privilege of hosting a Leadership Summit that brought together our sister agencies from Buffalo, Rochester, Syracuse, and Southwest Boston. It was a powerful day of collaboration, brainstorming, and shared inspiration as we worked together to elevate the care and support we provide to our clients.

By uniting as a team, we're not only strengthening our individual agencies but also building a network of compassion and excellence that benefits every community we serve. Here's to working together to be our best for those who count on us every day!

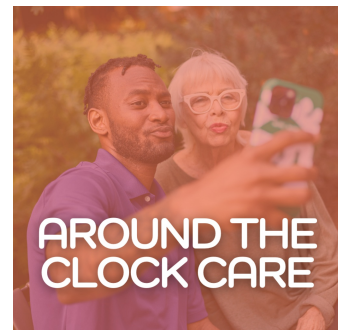
### *The Heart of Homecare*



**TRUSTED  
COMPASSION**



**QUICK  
CONNECTION**



**AROUND THE  
CLOCK CARE**

**New Year, Same Commitment to  
Care**



**Mike Malpass**  
**518-280-6867**

**Community Relations Manager**  
**Mike@touchingheartsny.com**

Hi, Mike here! As we welcome a new year, it's a time for fresh starts, setting goals, and embracing opportunities. At Touching Hearts at Home, our resolution remains the same: providing compassionate, reliable care for you and your loved ones. Whether it's helping with daily activities, offering companionship, or providing peace of mind, we're here every step of the way.

If you or someone you know could use our support in 2025, don't hesitate to reach out. Let's make this year one of comfort, connection, and care—together.

**Call us now to connect with quality care—  
because you're never alone when  
Touching Hearts is by your side.**

Connect with us



*We'd love to hear your feedback- consider leaving us a Google review!*

Touching Hearts at Home | 13 British American Blvd Suite 2 | Latham, NY 12110 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!