



*Heartbeat Highlights: Your Pulse on All Things Touching Hearts!*



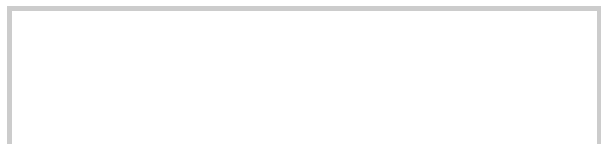
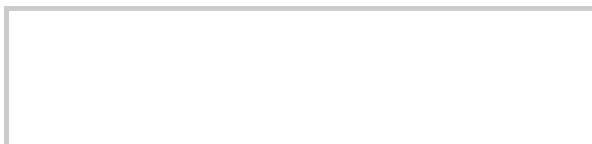
## Care Partner Chronicles...

### Easing the Transition from Hospital to Home

When a family recently needed companion care for their sister after her hospital release, Touching Hearts at Home was ready to help. Our team quickly stepped into action, meeting with her to learn about her interests, assess her level of care, and address any concerns she or her family had.

Understanding how stressful a transition from hospital to home can be, we worked to ensure a smooth and comforting process. Within days, we matched her with compassionate Care Partners (and a few backups), each selected to connect with her on a personal level. Their instant bond provided not only the care she needed but also brought peace of mind to her family.

**At Touching Hearts at Home, we know life's challenges don't wait, and neither do we. Whether it's a hospital-to-home transition or ongoing support, our team is here to provide reliable, compassionate care whenever you need us.**





Each December, Touching Hearts at Home Rochester proudly recognizes one of our outstanding caregivers as "Care Partner of the Year," and this year, we are thrilled to honor Deb Scida with the title! For the past 8 years, Deb has been an exceptional caregiver, embodying the compassion and dedication that Touching Hearts is all about. She consistently goes above and beyond—not just for her clients but also within our organization—always ready to lend a hand wherever it's needed. Congratulations, Deb! Here's to many more years of making a difference together!



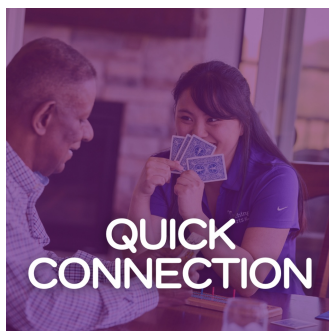
This year, Touching Hearts is excited to participate in the Rochester 2025 Polar Plunge, supporting the Special Olympics—a cause close to our hearts. Organized and led by some of our incredible caregivers, this event is more than just a frosty dip in the water. It's an opportunity to come together as a team and community to support athletes of all abilities and help make a meaningful difference. We're so proud of our caregivers for spearheading this effort and showing their dedication both inside and outside of their work. Now, we're asking for your support! Click the link below to donate and help our team reach their fundraising goal. Every contribution brings us one step closer to creating opportunities for these inspiring athletes.

Find out more info [HERE](#).

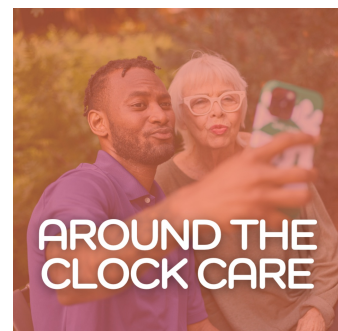
## The Heart of Homecare



TRUSTED  
COMPASSION



QUICK  
CONNECTION



AROUND THE  
CLOCK CARE

The holiday season isn't just about hard work—it's about having fun, too! **At the office, we made sure to keep the**



**holiday spirit alive with festive activities, laughter, and plenty of holiday cheer.** From decorating to holiday treats, we embraced the season together and enjoyed every moment. It's the perfect reminder that a little fun can go a long way in bringing our team closer!

## **New Year, Same Commitment to Care**

Hi, Gigi here! As we welcome a new year, it's a time for fresh starts, setting goals, and embracing opportunities. At Touching Hearts at Home, our resolution remains the same: providing compassionate, reliable care for you and your loved ones. Whether it's helping with daily activities, offering companionship, or providing peace of mind, we're here every step of the way. If you or someone you know could use our support in 2025, don't hesitate to reach out. Let's make this year one of comfort, connection, and care—together.

**Call us now to connect with quality care—because you're never alone when Touching Hearts is by your side.**



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